

## Supporting Physical Disability issues

Disabled people have experienced growing rights in recent years so that they are not discriminated against in every aspect of their lives. This includes health, education, employment, housing, becoming parents themselves and access to goods and services in general.

'Our Health, Our Care, Our Say' (Department of Health, 2006) confirmed that people want support when they need it, and they expect it quickly, easily and in a way that fits into their lives.

Carewatch believes that by providing services that have a focus on personalised approaches to promote independence and well being this will assist disabled people to have more choice and control and continue to make a positive contribution to their family and local community.

Carewatch agrees with 'Improving the Life Chances of Disabled People' (Prime Minister's Strategy Unit, 2004) that disabled people fare less well in society compared to non-disabled people and that we all need to work to identify practical ways to remove barriers and improve outcomes for disabled people.

making a positive contribution in their local community. This includes disabled people who are experiencing mental health conditions, long-term illness, learning difficulties or the effects brought on by old age.

We can provide person-centred care and support that focuses on outcomes to achieve personal goals, greater independence and choices. Our computer software programmes can track progress of goals and match staff to people's preferences and locality.

Carewatch Care & Support Workers can help to promote health issues and an active life for disabled people. They will help to support the local approach to safeguarding of disabled people.

Carewatch strives to involve disabled people in having their say about the support they receive. We like to provide support that is based on dignity and respect.

Carewatch is happy to work with people who have individual budgets, ranging from direct payments to case management by social workers on behalf of the local Council. This can include providing cover for Personal Assistants.

### How can we help?

We can provide care and support in the community with a view to people with physical disabilities having valued lives, including

